



PATIENT INFORMATION – PAIN RELIEF (CHILD)

If your child has any pain or a fever, you can give them medicine such as paracetamol (Calpol or Disprol) or ibuprofen (Nurofen). N.B Ibuprofen and paracetamol are also available without brand names, i.e. generic names in supermarkets and pharmacies.

Paracetamol

Babies and children can have paracetamol if they are over two months old. Ask for your doctor's advice if your child is less than 3 months old.

Ibuprofen

Ibuprofen can be given to relieve inflammation, pain or fever if you have tried paracetamol and it has not worked. If your child is younger than three months or weighs less than 5kg your GP will be able to advise you on what best to give to them.

Do not give aspirin or any medicines containing aspirin to children under 16 years old.

Always check and read the instructions on the medicines before giving them to your child.

If your child continues to be unwell after giving them pain relief please contact their GP or you can call NHS Direct Wales on 0845 46 47 to speak to a nurse adviser.

***Pain relief advice**

You may have been given some pain relief by the health professionals in the Accident and Emergency Department. If this runs out and you need further pain relief, you can speak to a pharmacist for advice. Some

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common painkillers are available to buy over the counter, for e.g. paracetamol or ibuprofen. Always follow the instructions on the packet if you are taking these, and seek further advice from the pharmacist should you have any concerns, particularly if it is for a child.



If you become unwell or are injured, choose the right NHS service to make sure you get the best treatment. The Choose Well campaign explains what each NHS service does, and when it should be used.

Choosing well means that you and your family will get the best treatment. It also allows busy NHS services to help the people who need them most.

If you are unsure about which option to choose, please call NHS Direct Wales on 0845 46 47 or visit the Choose Well website at www.choosewellwales.org.uk

This information has been produced based on previous information leaflets and the evidence available at the time of publication. It has been clinically reviewed however if you notice anything that needs updating or amending please contact ppi.team@wales.nhs.uk

If you require this information in another language or format please ask a member of staff.

For further advice or information contact NHS Direct Wales 0845 46 47
www.nhsdirect.wales.nhs.uk